

FeedSeniors

a FeedMore service through Enon UMC



**Free food for those
age 60 & up**

Commodity Supplemental Food Program

Each eligible person gets a box each month. Boxes are picked up at Enon UMC.

To apply contact:

Enon United Methodist Church

Location: 6156 Studley Road,
Mechanicsville, VA 23116

(food pick up from this address)

Phone: 804-746-4719

Email: feedseniors@enonumc.org

Who is eligible?

CSFP is program for low-income seniors (130% poverty) at least 60 years of age who meet CSFP eligibility guidelines. All applicants are required to provide proof of age and the street address. The CSFP income guidelines must apply but no proof of income is required.

What types of food will I receive?

The food packages consist of 30-35- pounds of food, and may include items such as:

Canned low sodium vegetable

Canned Fruits packed in juice or light syrup

Pasta, white or brown rice

Cereal

Shelf-stable and instant dry milk

Canned meat or fish

Dry beans and peanut butter, and

Cheese